

Benefits of Spaying Your Cat

Spaying your female cat is a surgical procedure usually performed at 6 months of age. Spaying your kitten at this time can provide the following benefits:

- Eliminates unwanted heats and howling, rolling, and other annoying behavior associated with the estrus cycle.
- Done prior to the first heat, spaying greatly reduces the risk of mammary cancer.
- Protects your cat against the risk of ovarian and uterine cancer and uterine infection (pyometra)
- Helps control the pet population crisis by avoiding unwanted pregnancies.

There is no scientific or other evidence that your cat will in any way benefit from having a heat and/or litter before spaying. Although hormonal changes after the surgery may temporarily increase her appetite weight gain can be controlled by adjusting the type of food given.

Cat Spay FAQs

How long will my cat stay at the veterinary clinic after surgery?

- We like to keep our cat spays over night. We feel that this first night of confinement helps the incision in healing.

When do her sutures have to be removed?

- Ten to fourteen days after her procedure we ask that you bring your cat back for suture removal. This is free of charge and no appointment is necessary. This is also a great time for us to look at the incision and get an update on how she is doing after her surgery.

What are my instructions after I take her home?

- It is important to keep your kitten restricted for up to 10 days after her procedure. This is an invasive surgery and to prevent complication this

is an important step in her recovery. Things like jumping and excessive play are not recommended.

Also as previously mentioned, 10-14 days after her surgery you will need to bring her in for suture removal.

Will she gain a lot of weight after surgery?

- There has been a documented slowing of metabolism after spays. It may be necessary to cut back on her current portions after surgery.